

Andover High School



7+H Schedule

**At - a - Glance
for
2019 – 2020**

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Introduction

Welcome to the 2019-2020 school year! As you will see from the schedule below this year we have extended the school day by 15 minutes. Each day will start at 7:44 and end at 2:20. Please plan accordingly.

This At a Glance guide is to help you understand the various components of the 7+H schedule. For more information please go to www.aps1.net/1896/7H-schedule or www.aps1.net/quicklinks.aspx?CID=14. These two webpages have a plethora of information to help you understand the schedule.

Best wishes for a great school year!
Sincerely,

Philip Conrad, Principal
P.S. Our front cover this year is a watercolor of the Dunn Gym by Jenny Yu, Class of 2021!

Overview

Below is our 7 + H schedule. This schedule includes year-long classes, a personalization block (H Block). All within an eight days rotating schedule. The schedule is made up of 60 and 80 minute periods within the school day.

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
7:44-8:48 64 Min	A1	B1	A2	B2	C3	A4	B4	C5
8:52-10:12 80 Min	C1	D1	H2	A3	B3	H4	A5	B5
10:16-11:19 63 Min	H1	F1	D2	H3	F3	E4	D4	H5
11:23-1:13 Lunch 80 Min	E1	G2	C2	G3	D3	F4	E5	F5
1:17-2:20 63 Min	G1	E2	F2	E3	G4	C4	G5	D5
Drop	B D F	A C H	B E G	C D F	A E H	B D G	C F H	A E G

7+H Schedule

- 8 day rotation cycle
- Students enroll in 7 credits
- 5 periods per day
- 4 Lunches
- H Block
- Personalization
- Academic Support
- Enrichment
- Periods per day
 - 3x 63 Min.
 - 2x 80 Min.

H Block

H Block is broken into two components H1 and H2-H5. H1 is an advisory period where students will have the opportunity to gain the skills for success with the same teacher for all four years. During H2-H5 students will have the opportunity to work with their teachers on course content or areas of mutual interest to personalize their learning based on their academic needs, interests, and areas of exploration.

Daily Bell Schedule

Period	Time		Number of Minutes
Period One	7:44 - 8:48		64 minutes
Period Two	8:52 – 10:12		80 Minutes
Period Three	10:16 - 11:19		63 Minutes
Period Four	11:19 – 1:13	Lunch Period	
	Lunch One Class	11:19 - 11:46 11:50 - 1:13	27 Minutes 80 Minutes
	Lunch Two Class	11:23 – 11:48	25 Minutes
	Lunch Class	11:48 – 12:15 12:19 – 1:13	27 Minutes 54 Minutes
	Lunch Three Class	11:23 – 12:17	54 Minutes
	Lunch Class	12:17 – 12:44 12:48 – 1:13	27 Minutes 25 Minutes
	Lunch Four Class	11:23 – 12:46	80 Minutes
	Lunch	12:46 – 1:13	27 Minutes
Period Five	1:17 - 2:20		63 Minutes

Benefits of the 7+H Schedule

- The 7 + H high school schedule promotes yearlong continuity of instruction.
- Yearlong courses will minimize gaps in content continuity, students will take one course after another with no delay.
- Yearlong courses allow students time to process and retain information.
- The schedule includes varied instructional time periods (60 and 80 minutes) that provide flexibility in instruction.
- Rotating time periods means classes are offered at different hours of the day thereby optimizing learning for all classes.
- The schedule incorporates H Block a personalization period allowing students to:
 - Deepen their relationships with teachers;
 - Participate in activities designed to improve students' social-emotional learning;
 - Stay on track in their learning and maximum their learning potential through individualized support during the H block;
 - Cultivate a culture of curiosity that enables teachers and students to explore areas of mutual interest
- The schedule incorporates teacher to teacher collaboration time within the school day. It provides time for:
 - Common planning within a department or content strand to discuss curriculum, instruction, and assessment;
 - Collaborative data analysis of student work;
 - Planning interdisciplinary teaching, project based units, and other district initiatives





Minimum Graduation Requirements

Department	Credits	Class of 2020... beyond
English	1 credit per academic year	4 credits
Social Studies	Including World History The Modern World US History II	3 credits
Mathematics	1 credit per academic year	4 credits
Science	lab sciences	3 credits
World Language		2 credits*
Physical Education		2 credits
Health Education		1 credit
Arts: Performing/Visual or Digital Learning		1.5 credits*
Electives		3.5 credits
Minimum credits for graduation:		24 credits

*The principal may waive this graduation requirement for students with severe language-based learning disabilities.

Promotion Requirements

Class of 2020 and beyond

Grade 9 to 10	Students must have passed	6 credits
Grade 10 to 11	Students must have passed	12 credits
Grade 11 to 12	Students must have passed:	18 credits
Grade 12 to Graduation	Students must have passed:	24 credits & MCAS



ANDOVER HIGH SCHOOL: 2019 - 2020 SCHOOL CALENDAR

H1-Block
H2-H5 Block
½ Days
No School
Exams
Professional Days

SEPTEMBER 2019

Su	Mo	Tu	We	Th	Fr	Sa
25	26	27	28 DAY 1	29 DAY 2	30	31
1	2	3 DAY 3	4 DAY 4	5 DAY 5	6 DAY 6	7
8	9 DAY 7	10 DAY 8	11 DAY 1	12 DAY 2	13 DAY 3	14
15	16 DAY 4	17 DAY 5	18 DAY 6	19 DAY 7	20 DAY 8	21
22	23 DAY 1	24 DAY 2	25 DAY 3	26 DAY 4	27 DAY 5	28
29	30 DAY 6					

26, 27 – Teacher’s Workshop Days

28,29 – Students Report to School

30, 2 – Labor day Recess No School

OCTOBER 2019

Su	Mo	Tu	We	Th	Fr	Sa
		1 DAY 7	2 DAY 8	3 DAY 1	4 DAY 2	5
6	7 DAY 3	8 DAY 4	9 DAY 5	10 DAY 6	11 ½ Day	12
13	14	15 DAY 7	16 DAY 8	17 DAY 1	18 DAY 2	19
20	21 DAY 3	22 DAY 4	23 DAY 5	24 DAY 6	25 DAY 7	26
27	28 DAY 8	29 DAY 1	30 DAY 2	31 DAY 3		

11 – Early Release

14 - Columbus Day No School

NOVEMBER 2019

Su	Mo	Tu	We	Th	Fr	Sa
					1 DAY 4	2
3	4 DAY 5	5 DAY 6	6 DAY 7	7 DAY 8	8	9
10	11	12 DAY 1	13 DAY 2	14 DAY 3	15 DAY 4	16
17	18 DAY 5	19 DAY 6	20 DAY 7	21 DAY 8	22 DAY 1	23
24	25 DAY 2	26 DAY 3	27 ½ day	28	29	30

1 – Quarter I Ends - DAY 45

8 – No School/Conference/Professional Day

11 – Veterans Day No School

27 – Early Release; 28-29 Thanksgiving Holiday

DECEMBER 2019

Su	Mo	Tu	We	Th	Fr	Sa
1	2 DAY 4	3 DAY 5	4 DAY 6	5 DAY 7	6 ½ day	7
8	9 DAY 8	10 DAY 1	11 DAY 2	12 DAY 3	13 DAY 4	14
15	16 DAY 5	17 DAY 6	18 DAY 7	19 DAY 8	20 DAY 1	21
22	23	24	25	26	27	28
29	30	31				

6 – Early Release Day

23 – Jan 1 Holiday Recess

JANUARY 2020

Su	Mo	Tu	We	Th	Fr	Sa
			1	2 DAY 2	3 DAY 3	4
5	6 DAY 4	7 DAY 5	8 DAY 6	9 DAY 7	10 DAY 8	11
12	13 DAY X	14 DAY Y	15 DAY Z	16 EXAM	17 EXAM	18
19	20	21 EXAM	22 EXAM	23 DAY 1	24 DAY 2	25
26	27 DAY 3	28 DAY 4	29 DAY 5	30 DAY 6	31 ½ day	

2 – School Resumes

20 – Martin Luther King Day No School

22 – Quarter II Ends - DAY 90

31 – Early Release

FEBRUARY 2020

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3 DAY 7	4 DAY 8	5 DAY 1	6 DAY 2	7 DAY 3	8
9	10 DAY 4	11 DAY 5	12 DAY 6	13 DAY 7	14 DAY 8	15
16	17	18	19	20	21	22
23	24 Day 1	25 DAY 2	26 DAY 3	27 DAY 4	28 DAY 5	29

17-21 - Presidents Day-Winter Recess

MARCH 2020

Su	Mo	Tu	We	Th	Fr	Sa
1	2 DAY 6	3 DAY 7	4 DAY 8	5 DAY 1	6 DAY 2	7
8	9 DAY 3	10 DAY 4	11 DAY 5	12 DAY 6	13 DAY 7	14
15	16 DAY 8	17 DAY 1	18 DAY 2	19 DAY 3	20 ½ Day	21
22	23 DAY 4	24 DAY 5	25 DAY 6	26 DAY 7	27 DAY 8	28
29	30 DAY 1	31 DAY 2				

20 – Early Release

APRIL 2020

Su	Mo	Tu	We	Th	Fr	Sa
			1 DAY 3	2 DAY 4	3 DAY 5	4
5	6 DAY 6	7 DAY 7	8 DAY 8	9 DAY 1	10 DAY 2	11
12	13 DAY 3	14 DAY 4	15 DAY 5	16 DAY 6	17 DAY 7	18
19	20	21	22	23	24	25
26	27 DAY 8	28 DAY 1	29 DAY 2	30 DAY 3		

1 – Quarter III Ends - DAY 135

20 – Patriots’ Day – Spring Recess

MAY 2020

Su	Mo	Tu	We	Th	Fr	Sa
					1 DAY 4	2
3	4 DAY 5	5 DAY 6	6 DAY 7	7 DAY 8	8 ½ Day	9
10	11 DAY 1	12 DAY 2	13 DAY 3	14 DAY 4	15 DAY 5	16
17	18 DAY 6	19 DAY 7	20 DAY 8	21 DAY 1	22 DAY 2	23
24	25	26 DAY 3	27 DAY 4	28 DAY 5	29 DAY 6	30
31						

8 – Early Release Day

25 – Memorial Day No School

JUNE 2020

Su	Mo	Tu	We	Th	Fr	Sa
	1 DAY 7	2 DAY 8	3 DAY X	4 DAY Y	5 ½ Day	6
7	8 EXAM	9 EXAM	10 EXAM	11 EXAM	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

5 – Early Release Day

11 – 180th Day-Last Day no snow days - DAY 180

18 – 185th Day – Snow Days included

Snow Day Protocol

In preparation for the 7+H Schedule to begin on August 28, 2019 we have set the rotation of the eight (8) day cycles. The cycles will begin on the first day of school and run throughout each semester. At this point each semester is made up of 10 eight (8) day rotations, two (2) or three (3) additional days, and three (3) or four (4) half days.

Inevitably this rotation will be impacted by inclement weather. To that end, we have created a sixty, ninety, and one hundred and twenty-minute delay schedule and a plan for days where school is cancelled due to weather (snow days).

To keep the rotation as intact as possible for scheduling field trips, special programs, speakers and events we are proposing that when we close for weather (snow) we allow for one small disruption by running the day in the rotation that was scheduled for the snow day and skip the next day in the rotation.

For example: Monday, December 16, 2019 is a Day 5. We leave that day with our materials for Tuesday, December 17, 2019 is scheduled to be a Day 6. It snows and school is cancelled on Tuesday, December 17, 2019. When school reopens on Wednesday, December 18, 2019 originally scheduled to be a Day 7 the day is now scheduled to be a Day 6. Thursday, December 19, 2019 is a Day 8 and puts us back on schedule. Therefore, it is Day 7 that is dropped from the schedule for the snow day. Day 7 will be made up later during an X, Y, or Z day at the end of the semester. This will allow teachers and students to leave the building prepared for the next day in the rotation regardless of the weather and it allows us to get back into the rotation without disrupting the entire rotation.

Example:

Monday, December 16, 2019 is a Day 5

Tuesday, December 17, 2019 is scheduled to be a Day 6. It snows and school is cancelled
Wednesday, December 18, 2019 originally scheduled to be Day 7 the schedule now is scheduled to be Day 6

Thursday, December 19, 2019 is a Day 8 and puts us back on schedule

Therefore, it is Day 7 that is dropped from the schedule for the snow day
Day 7 may be made up during an X, Y, or Z day at the end of the semester



Half Day Schedule

The 2019 – 2020 school year has seven (7) ½ Days. School will begin at regular time (7:44) and students will be dismissed at 11:05.

Friday, October 11, 2019 Wednesday, November 27, 2019 Friday, December 6, 2019
 Friday, January 31, 2020 Friday, March 20, 2020 Friday, May 8, 2020
 Friday, June 5, 2020

Times	10/11/19	11/27/19	12/6/19	1/31/20	3/20/20	5/8/20	6/5/20
Period 1 7:44 – 8:32 (48 Min.)	B	B	A	B	C	B	C
Period 2 8:36-9:23 (47 Min.)	A	A	E	A	B	A	B
Period 3 9:27-10:14 (47 Min.)	G	E	F	G	F	G	F
Period 4 10:18-11:05 (47 Min.)	E	PEP RALLY G	C	E	D	E	D

Delayed Opening Schedule

Below we have included our bell schedule in case of a delayed opening.

One Hour Delay	90 Minute Delay	Two Hour Delay
PERIOD 1: 8:44 TO 9:38	PERIOD 1: 9:14 TO 9:59	PERIOD 1: 9:44 TO 10:22
PERIOD 2: 9:42 TO 10:34	PERIOD 2: 10:03 TO 10:48	PERIOD 2: 10:26 TO 11:03
PERIOD 3: 10:38 TO 11:30	PERIOD 3: 10:52 TO 11:37	PERIOD 3: 11:07 TO 11:44
PERIOD 4: 11:30 TO 1:24	PERIOD 4: 11:37 TO 1:31	PERIOD 4: 11:44 TO 1:38
<ul style="list-style-type: none"> • Lunch 1: L: 11:30 to 11:57 C: 12:01 to 1:24 • Lunch 2: C: 11:34 to 11:59 L: 11:59 to 12:26 C: 12:30 to 1:24 • Lunch 3: C: 11:34 to 12:28 L: 12:28 to 12:55 C: 12:59 to 1:24 • Lunch 4: C: 11:34 to 12:57 L: 12:57 to 1:24 	<ul style="list-style-type: none"> • Lunch 1: L: 11:37 to 12:04 C: 12:08 to 1:31 • Lunch 2: C: 11:41 to 12:06 L: 12:06 to 12:33 C: 12:37 to 1:31 • Lunch 3: C: 11:41 to 12:35 L: 12:35 to 1:02 C: 1:06 to 1:31 • Lunch 4: C: 11:41 to 1:04 L: 1:04 to 1:31 	<ul style="list-style-type: none"> • Lunch 1: L: 11:44 to 12:11 C: 12:15 to 1:38 • Lunch 2: C: 11:48 to 12:13 L: 12:13 to 12:40 C: 12:44 to 1:38 • Lunch 3: C: 11:48 to 12:42 L: 12:42 to 1:09 C: 1:13 to 1:38 • Lunch 4: C: 11:48 to 1:11 L: 1:11 to 1:38
PERIOD 5: 1:28 TO 2:20	PERIOD 5: 1:35 TO 2:20	PERIOD 5: 1:42 to 2:20