

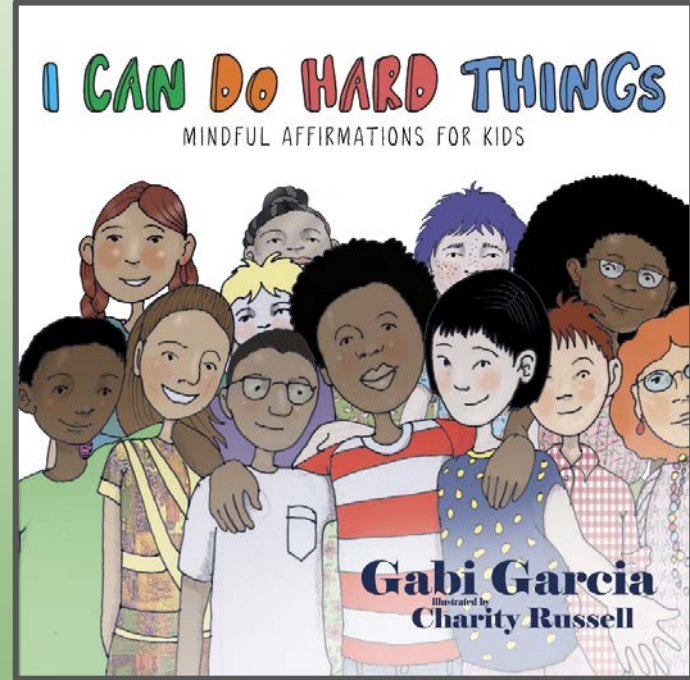
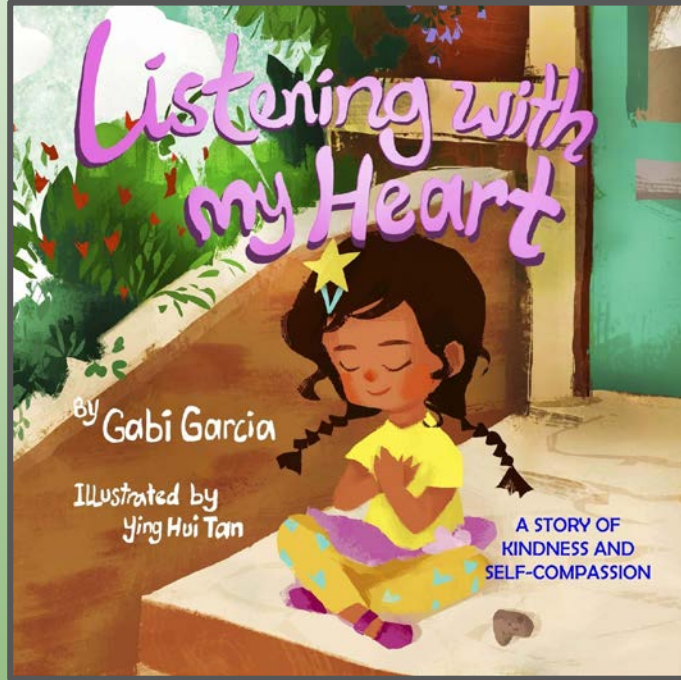
Title III EL Summer School 2021



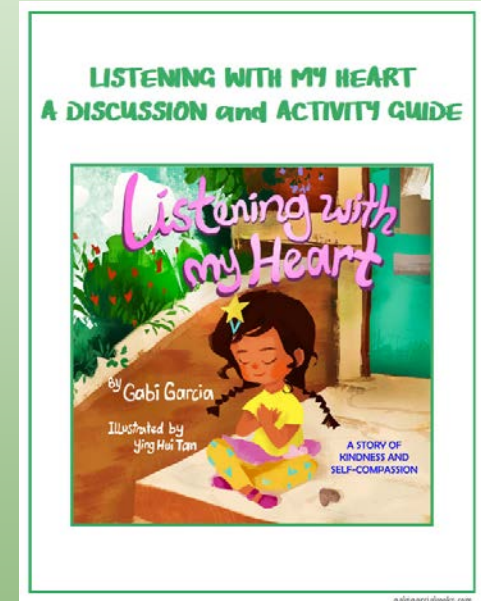
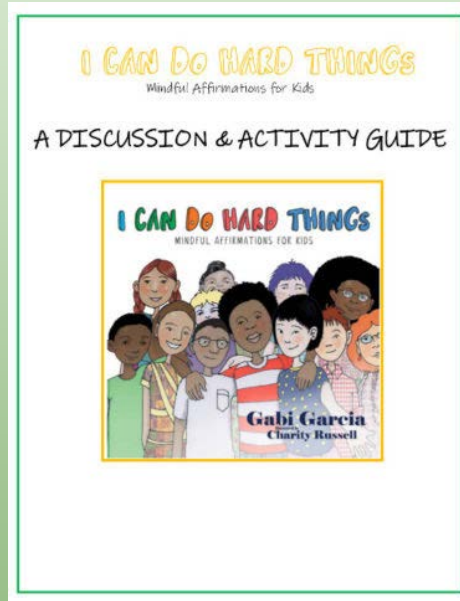
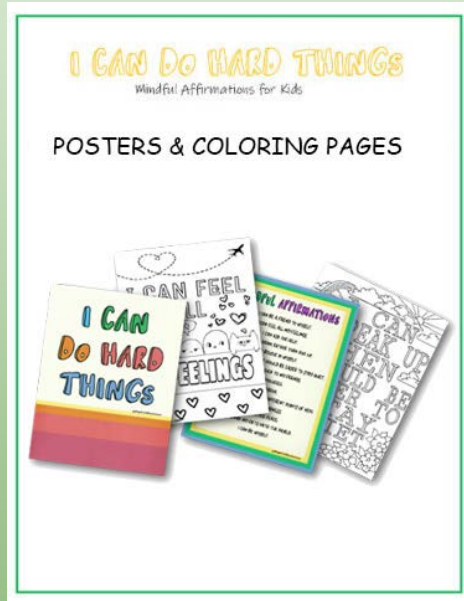
Mindfulness Matters!

Be mindful and purposeful

Anchor Texts: Listening with My Heart and I Can Do Hard Things

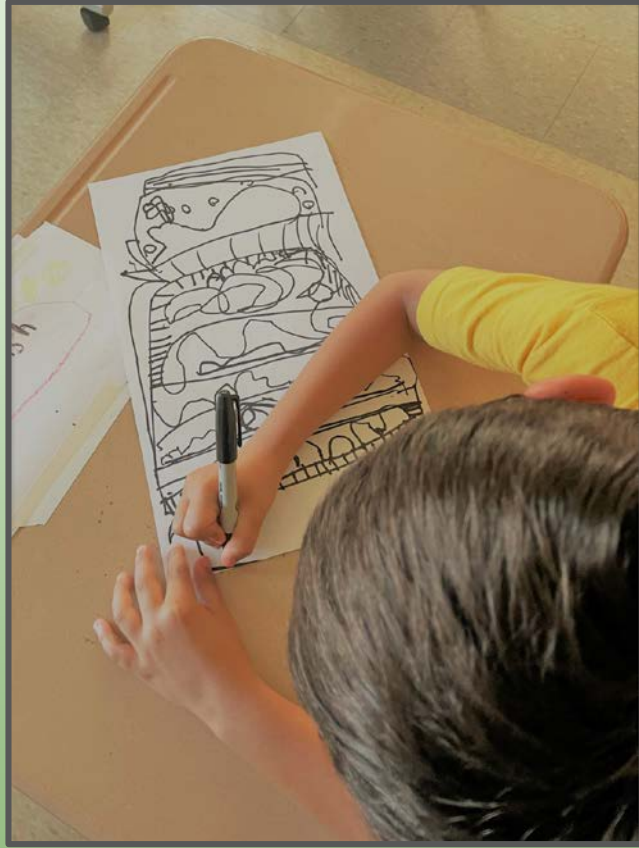


Teaching Resources



- Yo Re Mi as visiting artist
- One stroke calligraphy (art lesson)
- Zentangle (art lesson)
- Guided meditation/ Tai Chi
(Chinese School of Andover)
- Flower breathing/ Yoga













Contemplative Methods

Anchor, Movement, Body Scan, Analytical, Awareness, Visualization

Creating Mindful Moments with Legos

- Show story comprehension with legos
- Create peaceful lego structures

Epic Book Collection:

<https://drive.google.com/file/d/1XOkUNTb3t84RECI3esyz-a4ONHGGVZqn/view?usp=sharing>

Week 1

Day	Monday June 21	Tuesday June 22	Wed June 23	Thurs June 24
Literature		I am Peace	I am Peace	Listening with My Heart
Mindful Activity		Yoga Focused Brain vs Distracted Brain	We Share Peace...	
Project/Guest		Nancy DiSalvo- 9:30 yoga calm breathing	Intro to SeeSaw Mrs. McNeeley	Mr. Shin- karate 9:30

Week 2

Day	Monday June 28	Tuesday June 29	Wed June 30	Thurs July 1
Literature				
Mindful Activity				
Project/Guest		Tai chi	Nicolette 930/ 1030	Rock Climbing with Mr. Otis

Week 3

Day	Tuesday July 6	Wed July 7	Thurs July 8	Fri July 9
Literature				
Mindful Activity	Mindful Dance/ Rhythm Tinikling Dance			Parent's Mindful Walk and FROZEN POPSICLES
Project/Guest	Marth G- Music 930/1030	Art: Zentangle/ Breathing wand	Practice for parent visit	