

Start Times

- Key Value
 - Impact on student well-being
 - Research is clear that later start times enhance adolescents' physical and mental health and their academic performance.

- Important Considerations
 - Impact on family and staff schedules, including:
 - work schedules
 - before-school and after-school child-care arrangements
 - homework

 - Impact on extra-curricular activities, including:
 - athletics, drama, music, and clubs
 - after-school jobs

 - Cost to families and to district, including:
 - transportation costs
 - before-school and after-school child-care costs

- Next Steps
 - Public Education
 - Organize public forum in fall with expert from Children's Hospital. Would discuss key values, discuss academic research and research from other districts, offer student testimonials, and present the results of student surveys done in Andover re start times and mental health/risk behavior.
 - Make clear that no decisions have been made and that there will be further public input as options are being developed.
 - Set up web page on APS web site to include above information and additional information as it is developed.
 - Recognize that the current approach is far from perfect and that there will be advantages and disadvantages to every alternative.

 - Development of alternatives
 - Set up small group to look at range of options from maintaining status quo to flipping elementary and middle/HS start times to moving all start times later.
 - Evaluate each alternative on a common set of criteria including impact on the key value and important considerations noted above.

 - Consultation with AEA

 - Coordination with other MVC communities